

Choose a university. Choose Bournemouth.  
 Choose a course that's right for you.  
 Choose to Graduate with over 60,000 others.  
 Choose to find your dream job.  
 Choose what makes you different. Choose to Be Unique.



# Kate Nash

With Support

**Thursday 21st March**  
 Doors: 7pm. The Old Fire Station

Open to all ages, under 14's must be accompanied by an adult.  
 Advance tickets onsale now priced £12.50  
 Ticket outlets (subject to b/fee):  
 Talbot Campus SU Shop (NUS tickets only)  
 Online : ticketweb.co.uk  
[www.katenash.co.uk](http://www.katenash.co.uk)

Thanks for reading with love. SUBU x



**ISSUE 9**

**Hey everyone,**

Happy Valentines you gorgeous bunch! This fortnights news and events is jam packed with news and interested tittle tattle, designed to keep you in the know with all things SUBU! Coming up is SHAG week, where SUBU is coming over all saucy in the name of sexual health. We've got a weeks worth of great activities and flirty freebies, turn to the chitty chat feature where you can find out a full list of events of everything we've got planed to keep you safe yet sexy. There's also a brilliant bunch of gigs on at the Old Fire Station this fortnight, which you can find in the usual events list.

including an update on Your Student Shout, and a little message from some of SUBU's lovely Exec members.

Anyway I hope you enjoy Issue 9 of the update, remember if you have anything that you'd like to feature in the Little SUBU Update, then zap me an email.

With Love,  
**Neneh x**  
 VP Communications

www.facebook.com/sububournemouth  
 www.twitter.com/sububournemouth

THE LITTLE SUBU UPDATE

# SUBU EVENTS

YOUR COMPLETE LIST OF EVENTS GOING ON AT THE STUDENTS' UNION

**HELP SUPPORT Bulgaria!**  
 June 2011  
[www.the-hub.org.uk](http://www.the-hub.org.uk)

Speak up for the people on your course...  
 ...because you can't take your education back if it doesn't work for you  
[www.subu.org.uk/studentreps](http://www.subu.org.uk/studentreps)

**STUDENT REPS YOUR VOICE!**

**Lollipop**  
 10PM - 3AM  
 >>>ADVANCE TICKETS BUY NOW ONLINE!  
[WWW.SUBU.ORG.UK/EVENTS](http://WWW.SUBU.ORG.UK/EVENTS)

- MON 14TH FEB**
- 10-3pm **SHAG Week** F-risky time for testing Atrium
  - 7-9pm **SHAG Week Pub Quiz Sex Special** Dylan's £1 Entry
  - 7-12am **The Go! Team with Banjo or Freak Out!** Old Fire Station Advance tickets: £12

- 1-3pm** **The Leadership programme** Gold - LEadership Learn Higher Centre
- 10-3pm** **SHAG Week** F-risky time for testing Atrium
- 9pm-3am** **Sex Ed Ball** Breaking all the rules The Old Fire Station Advance tickets £3.50

- SUN 20TH FEB**
- 7pm **The Vagina Monologues BUST** Allesbrooke LT £5 tickets
  - 8-11pm **Poker League** Dylan's Bar £2 Entry

**5-7pm** **Candidates visit Purbeck Halls** Pick up a bagful of goodies and meet those after your vote!

**12pm** **Dubnium** The Old Fire Station. The South Coast leaders in soundsystem culture, upfront dubstep, reggae, jungle and drum and bass. £6 advanced tickets

- TUE 15TH FEB**
- 1-3pm **Leadership Programme** Bronze - feams Learn Higher Centre
  - 3pm-5pm **Leadership Programme** Bronze - Leadership Learn Higher Centre

- THURS 17TH FEB**
- 1-3pm **The Leadership programme** Silver - Cultural and Environmental Learn Higher Centre

- MON 21TH FEB**
- 7-11pm **Frank Turner** The Old Fire Station £16

**TUE 22ND FEB**

- 12pm **Elections Hustings** Your first chance to hear what the candidates have to say Lansdowne Campus

**SUN 27TH FEB**

- 10-3am **Lollipop** The Old Fire Station Fab pop, cheese and r'n'b every Friday NEW FOR THIS TERM: £1.50 (until midnight) £3 advance tickets
- 8-11pm **Poker league** Dylan's Bar £2 entry

- WED 16TH FEB**
- 6.30pm **Global Cinema presents: Paris Je T'aime (2006)** Celebrate Valentine's Day with a warm hug from Global Cinema! Allesbrook Lecture Theatre

- FRI 18TH FEB**
- 10-3pm **SHAG Week** F-risky time for testing Atrium
  - 10pm-3am **SICK BRUV!** The Old Firestation Feeding your Bass Habit £1.50 selected drinks £3 advance tickets

- WED 23RD FEB**
- 6.30pm **Global Cinema** The Allesbrooke LT

Presented by AMG Concerts & The Old Fire Station

## THE GO! TEAM

With Support

New Album 'Rolling Blackouts' Out 31 Jan

- 10-3pm** **SHAG Week** F-risky time for testing Atrium
- 10am-3pm** **SHAG Week** Bodypositive Dorset Atrium
- 2pm** **SHAG Week** HIV Talk PG13

- SAT 19TH FEB**
- 7pm **The Vagina Monologues BUST** Allesbrooke LT £5 tickets
  - 10-3am **We Are Your Friends** The Old Fire Station £6 advance tickets

- THUR 24TH FEB**
- 12pm **Elections Hustings** Your first chance to hear what the candidates have to say, Dylan's Bar

**Monday 14th February**  
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Presented by AMG Concerts & The Old Fire Station

DOORS 9PM. £3.50. THE OLD FIRESTATION  
 FANCY DRESS, BURLESQUE, RODEO WILLY, THE BEDROOM

WED 16TH FEB 2011

## BREAKING ALL THE RULES!

# SEX BALL

Featuring an awesome week of events and flirty freebies there's never been a better time to get tested and embrace this cheeky week!

Tuesday evening will see the atrium transformed into a fashion show, to host the first ever underwear fashion show, are £2, available from the shop and models. Tickets are got to be seen to be believed. Tickets are £2, available from the shop and models.

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other gizmos!

for you to do your thing! In return for a quick and easy test you'll walk away with snazzy watches as well as the usual pants, key rings, t-shirts and

Look out for f-risky in the atrium all week, launching a brand new campaign, time for a test', f-risky will be armed with lots of little pots

We've come over all saucy in the name of sexual health this week! From the 14th-18th of February we'll, tackling all things sexual, including the good, the bad and the ugly!

The now (in)famous SUBU condom fairies will be out in force, armed with 100s of free condoms and of course lollipops.

Sexual health hits Dylan's Monday evening for a very cheeky pub quiz, join Ryan for a night of shocking questions, how much do you know??

Also look out for the illusive Sex Ed ball, hitting the Old Fire Station on Wednesday, this burlesque themed event sees a rodeo willy (yes you've read that right) amongst other things; we've packed it full of outrageous fun. This is one event this term that can't be missed. Tickets are just £3.50 and are available now from the student shop.

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# SHAG WEEK - THE LOWDOWN

# GOT A PROBLEM? SHOUT IT!

Your Student Shout is back this term and is hoping to tackle those University issues on your behalf. If something about your University experience really isn't working for you why not let SUBU take it to the University top dogs and get it sorted. If you'd like to submit a motion for our next Your Student Shout meeting on the 3rd of March, email Neneh at [suvpcomms@bournemouth.ac.uk](mailto:suvpcomms@bournemouth.ac.uk) before 12pm on the 21st February. Some of the motions passed at the last meeting include an awareness campaign to encourage priority use of lifts for disabled students and gaining more computers in the Library and student labs. If you have a problem or want to make a difference to the University experience, make sure you're there at 12pm, 3rd March in the Shelley LT. As usual we'll be throwing in the free pizza and sweets galore while your voting on the important stuff.



**YOUR STUDENT SHOUT!**  
YOUR MEETINGS, YOU SET THE AGENDA  
SUBMIT A MOTION BY 12PM ON 21ST FEBRUARY TO [suvpcomms@bournemouth.ac.uk](mailto:suvpcomms@bournemouth.ac.uk)



## FITNESS FEBRUARY!

sportBU are always looking for ways to keep you fit and active and as such we are delighted to bring to you FITNESS FEBRUARY!

December sees the festive season tempt you with food and drink, January sees many a new years resolution come and go, but Fitness February is an easy and exciting way for you to get involved in health and fitness by taking advantage of the following great offers!

### ONE MONTH MEMBERSHIP DEALS!!

For February only we are offering one month membership to help to take the first steps towards fitness with no long term contract to worry about.

- Pulse - £10 - Unlimited gym access.
- Energize - £15 - Unlimited group fitness class bookings.
- Activ8 - £20 - Unlimited gym and group fitness classes.

### 2 FOR 1 ON SELECTED GROUP FITNESS CLASSES

Get 2 for 1 on the following group fitness classes. (Note, classes must be booked at the same time, cheapest class in free).

- Dance Aerobics Mondays
- 20/20 Tuesdays 5-5:55pm
- Pump Wednesdays 1-1:55pm
- Legs, bums and Tums Wednesdays 5-5:55pm
- Boxcercise Thursdays 5-5:55pm
- Spin and Abs Saturdays 11-11:55am
- Zumba Saturdays 12-12:55pm
- Xpress Spinning Sundays 11-11:30am
- Xpress Abs and Core Sundays 11:30-12pm

### HALF PRICE GYM APPOINTMENTS

- Programme Design £5
- Health Check £3
- Freeweights Induction FREE

### BOOT CAMP FITNESS

sportBU will be running a Boot Camp designed to get you fit, fast. Expect a high intensity high energy group fitness session. Tuesdays 3-4pm and Thursday 4-5pm

- £2 per session
- £10 for the whole month

### HIS & HERS VALENTINES DAY MASSAGE

sportBU knows that a healthy heart is key to having a healthy body, and as such Valentines Day is very important to us. This is why we will be offering His and Hers massages on 14th February. £35 for both of you to relax together with our skilled masseuses. Other massage offers will include.

- Head Massages on Valentines Day
- Hot stones massage treatment throughout the month.

So there it is, Fitness February. For more information on any of the above, or to book on and sign up, just pop in to sportBU reception or give us a ring on 01202 965822.



## HELLO FROM YOUR PR & CAMPAIGNS OFFICER



Hi guys! I'm Steven and I'm the SUBU PR & Campaigns Officer (quite a snazzy title if you ask me) I sit on the SUBU executive committee amongst other things.

My role means I work very closely with the lovely Neneh (VP Comms) on creating exciting campaigns, such as your Student SHOUT, SUBU against cuts, the Christmas card campaign to name a few.

One of our big projects this year is SHAG week, (yeah, it's really called that), Sexual Health Advice and Guidance week, it's big on campus and is really important to us all. We have organised a whole week of sexually charged fun but you can read about that in the rest of this little SUBU update.

As well as working with SUBU on branding projects, Your Student Shout and other SUBU events, I also attend the weekly exec meetings, where important issues & student problems are discussed.

I also sit on the SUBU Communication Committee. This is a group of students that help promote, organise and run SUBU related campaigns and events. Were always looking for more helpers, so if you have an interest in PR, events, advertising, media and want to get some vital experience for that CV, look no further.

Drop me an email at [suprcampaignsofficer@bournemouth.ac.uk](mailto:suprcampaignsofficer@bournemouth.ac.uk) if you would like to know more or get involved.

## THE VAGINA MONOLOGUES

V-Day or Vagina Day/Valentines Day/ Victory Day, whatever you want to call it, is happening all around the world on the 14th. We have our own celebrations on campus this month. New society, BUst against sexism, are performing 'The Vagina Monologues' by Eve Ensler on three different nights.

On the 19th, 20th and 26th of February BUst will be hijacking the Allsebrook lecture theatre at 7pm to talk about "down there". But guys don't be put off! You're welcome too!

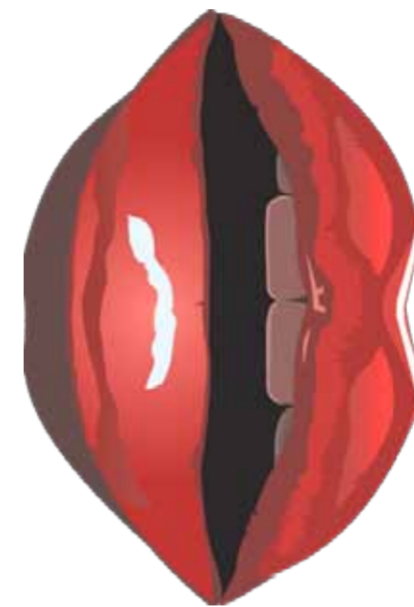
Most of the money the show makes is going to the Butterfly Foundation based in Springbourne. They work with women and children who have suffered domestic abuse in the area and the rest goes to female earthquake victims in Haiti.

V-Day was set up back in 1998 to help stop violence against women. 13 years later there are now over 5,400 V-Day events each year all over the world. All the money made goes to charities that help women who have suffered domestic abuse, rape, incest, female genital mutilation and sex slavery.

You can help the cause by coming along to one of the shows. Tickets are £5 each (or as much as you can give) and are available from SUBU reception, blackwells and you can reserve them by emailing [bustbournemouth@hotmail.com](mailto:bustbournemouth@hotmail.com).

To top it all off author of the book "The Equality Illusion" Kat Banyard will be there on the 26th to introduce the show and lead the post show talk. She was named the "UK's most influential young feminist" and at 29 she's not just written a book but has started up her own website [www.ukfeminista.org.uk](http://www.ukfeminista.org.uk).

It's not one to miss!



## STUDENTS SWITCH OFF TO SUCCESS

Students living in halls of residence at Bournemouth University have made a great start in the Student Switch Off energy-saving campaign.

In October and November, energy usage in Halls fell by 3% compared to recent years. Together, students have reduced carbon emissions by 6.5 tonnes which is equivalent to leaving a light bulb on for 91 years! It just goes to show that small actions can make a real difference.

The savings have been brought about largely as a result of the actions of the Eco-Power Rangers - not people dressed in spandex, but students in halls who have pledged to use their energy carefully.

There are over 164 Eco-Power Rangers in halls who have been switching off lights and appliances when not in use, putting lids on pans when cooking and not overfilling their kettles.

Students have been uploading photos of themselves doing the energy saving actions on the 'Bournemouth University Student Switch Off' Facebook group and have been rewarded for their efforts with Lush cosmetics, tickets to Lollipop, Ben & Jerry's ice-cream and much more.

Currently leading the way in the competition is Cranbourne House followed closely by Student Village but the campaign continues until the end of the academic year so there's plenty of time for things to change and there are



## CALLING ALL STUDENTS WITH DISABILITIES!



Hi, For those that don't know me I am Chris Nash and I am the Students With Disabilities officer for SUBU. My role in the Union is to represent the issues that may come up that prevent students with disabilities from getting the best experience out of BU.

If you ever feel like you have a problem with any university facilities, or anything else that may stop you from getting the most out of BU, just email at [suswd@bournemouth.ac.uk](mailto:suswd@bournemouth.ac.uk) and I can try and help you get things resolved. I am also setting up a forum for students with disabilities to talk about anything at Bournemouth University or SUBU, You can join the facebook group: Bournemouth

University Students With Disabilities Forum, and get chatting. Soon I hope to be able to have meetings so that we can socialise and so that you can feed directly into what I am doing in the Student Union.

Also remember that with exams coming up all too soon; the deadline for special arrangements for exams is March 25th, if you are not already sorted out for extra time or whatever else you may need then talk to Additional Learning Needs as soon as possible, for more info check out: [www.bournemouth.ac.uk/disability\\_support](http://www.bournemouth.ac.uk/disability_support) Enjoy the rest of term! Chris

## ECO-DRIVING SIMULATOR AT BU – 9TH FEBRUARY, 10AM – 4PM

The Energy Saving Trust will be bringing the Drivers of the Future road-show to Bournemouth University on 9th February 2011 we will be near the main entrance of Poole House from 10am.

Come and have a go on our state of the art driving simulator and learn how to save carbon and cash when you drive! We can help you get around without a car and have lots to tell you about car sharing, cycling and using public transport in Bournemouth and Poole.

Enter the prize draw to win a £200 iTunes voucher simply complete the online Travel Energy

Check and receive a personalised travel report direct to your door.

[www.surveymonkey.com/s/tec\\_bournemouthuniversity](http://www.surveymonkey.com/s/tec_bournemouthuniversity) (Please ignore the text on the survey that advertises £250 of Kwik Fit Vouchers)

The Energy Saving Trust is also offering one student the opportunity to work with them on writing articles that will be published nationally (great on your CV). Find out more at the event or on Facebook - just search for Drivers of the Future and join our page.

## BIKE DOCTOR SESSIONS – SPRING TERM

The bike doctor is back due to popular demand to fix-up your bike and help you stay safe on the road. He'll be on the Talbot Campus in the Poole House semicircle between 12 and 4pm on the:

- 9th February (European Sustainable Travel Week)
- 9th March (Climate Week)
- 22nd June (Bike Week)

All servicing will be paid for by BU's Travel Plan, although there will be a charge if replacement parts are required.



## CALLING ALL FILM MAKERS!

Are you good at making films? Would you like the chance to win £100? If so then our competition could be just right for you! This competition is one of the Award categories in our Global Citizen Competitive Awards scheme (2010-11):

Best International experience movie - 1 Award of £100 for a student (undergraduate/postgraduate) who submits the best mini-movie or a proposal for a mini movie which will promote the value of an international experience for future graduate employability.

Further information online at - <http://studentportal.bournemouth.ac.uk/career/study-abroad/financial-support.html> Deadline for applications - Monday 7th March 2011



## NERVE RADIO 24 HOUR BROADCAST

On the 21st Feb Nerve Radio presenters Ash Tulett and Eli Beaton will be waving goodbye to sleep, comfort and the sun (or at least natural light!) and shutting themselves away in a radio studio for 24 Hours, all in the name of charity!

Beginning at midday on Monday Feb 21st the pair will be taking over until midday the next day and bringing you a whole host of music, chat, fun and games -with loads of great prizes to be won along the way.

Raising money for Help For Heroes, Diabetes and Epilepsy charities the guys are going to be offering you the chance to win vouchers, tickets for gigs including Beadyman at the Old Fire Station (5th march) and Comics (courtesy of Frog Comics Bros, plus much, much more.

The guys will be joined throughout the day by plenty more of Nerve's fantastic presenter, but will make sure to be involved every hour of the day - sure to be a real challenge!

Bringing you Nerve's normal mix of great current tunes and the classics all students love, with the evening and night making way for all manner of rock, dubstep, dance and more.

Sure to be event not to be missed make sure to tune in at [www.nerveradio.com](http://www.nerveradio.com) on the 21st of February and check it out. Keep up to date with all the details on Twitter - @Nerveradio - and the Nerve\* Radio Facebook group, with a 24 Hour Broadcast page coming soon.